



Stanislaus County Advisory Board on Substance Abuse Programs

Annual Report

Presented to the Stanislaus County
Board of Supervisors
July 2006

ANNUAL REPORT TO THE BOARD OF SUPERVISORS

July 18, 2006

INTRODUCTION

MISSION STATEMENT

ADVISORY BOARD ON SUBSTANCE ABUSE PROGRAMS MEMBERS

ALCOHOL AND OTHER DRUG PROGRAMS

ANNUAL REPORT

ANNUAL REPORT TO THE BOARD OF SUPERVISORS FROM THE ADVISORY BOARD ON SUBSTANCE ABUSE PROGRAMS

INTRODUCTION

The Advisory Board on Substance Abuse Programs (ABSAP) is appointed by the Board of Supervisors to provide advice and oversight to Stanislaus County Behavioral Health and Recovery Services alcohol and drug programs, maximizing community resources, assuring access and monitoring the integrity of alcohol and drug programs. The role of ABSAP is as follows:

- Advise the Board of Supervisors and the Stanislaus County Alcohol and Drug Programs Administrator on policies and goals of the County Alcohol and Drug Programs
- Educate the public to understand the nature of alcohol and drug problems by encouraging collaboration of community groups
- Encourage with support from the County to develop and implement effective alcohol and drug abuse programs
- Review the alcohol and drug program needs of the community
- Review the plans of various programs to insure quality and make recommendations to the Board of Supervisors in an annual report

ABSAP priorities include the following:

- Oversee public awareness through alcohol and drug programs
- Establish alcohol and drug programs that meet the community needs
- Promote public awareness through providing information regarding alcohol and other drug programs through an information center
- Identify problems within access and barriers
- Increase board membership to reflect the community
- Promote integrated services

ABSAP is comprised of a wide range of individuals representing the County population. There are currently 15 members on the Board, comprised of consumers of alcohol and other drug services, family members of consumers, representatives of law enforcement and others interested and concerned about substance abuse services. Members of the Board are appointed primarily based upon Supervisorial Districts; however, in an effort to bring the Board up to full complement, out of district appointments have been made. Board members continually discuss substance abuse issues with members of the public and seek interested individuals willing to fill vacant positions, as they become available. MHB members meet monthly in a public setting to bring attention to issues regarding alcohol and other drug services,

and members of the Board participates in committee meetings designed to focus on more detailed components of substance abuse issues. Those committees consist of the Executive/Education Prevention Committee, Stanislaus Recovery Center Committee, Board of Supervisor Presentation Committee and the Contract Provider/Cultural Competence Committee. The Executive Committee meets regularly with the Director of Behavioral Health and Recovery Services and other staff members to set goals and the future direction for ABSAP. ABSAP also meets regularly with the Mental Health Board to address issues around co-occurring disorders (mental health and alcohol and drug).

ABSAP is responsible for acting as a liaison to the Board of Supervisors and is tasked with identifying issues affecting the community as it relates to substance abuse needs for consumers and those who advocate for them. Members of ABSAP feel strongly that the needs of individuals with substance abuse problems in Stanislaus County must be given the utmost priority in terms of continued support and resources to maintain the excellent programs that currently exist within the system.

**ADVISORY BOARD ON SUBSTANCE ABUSE PROGRAMS
MISSION STATEMENT**

The Advisory Board on Substance Abuse Programs (ABSAP) mission is to provide advice and oversight to Stanislaus County Behavioral Health and Recovery Services alcohol and drug programs, maximizing community resources, assuring access and monitoring the integrity of alcohol and drug programs and their resources.

ADVISORY BOARD ON SUBSTANCE ABUSE MEMBERS

Ken Devore, Chair

Jeff McCardia, Vice Chair

Vicki Bauman

John Brugger

Bob Foster

Lynn Goldstein

Jeff Gullo

Randy Heldt

Officer Tom Killian

Darrell Long

Lenore A. Maurice

Sgt. Ronald Reid

Donna Sesock-Miller

Michael Shinkel

Lt. Brenda Suarez

ALCOHOL AND OTHER DRUG PROGRAMS

Stanislaus Recovery Center

Adult Residential Treatment Program

The Adult Residential Treatment Program is a social model treatment and recovery program, using a 12-Step Recovery approach. Admission, placement and length of time in the program are determined by individual need. A voluntary program specializing in treating individuals who have relapsed and/or been resistant to other types of treatment is available.

Day treatment and intensive outpatient programs are also available at this location. Treatment can be "stepped" down or up depending on an individual's need.

After Care Services

Services are provided free of charge to any adult consumer who has completed a drug and alcohol treatment program.

Perinatal Treatment Program (First Step)

Residential and day treatment, perinatal treatment for pregnant and/or parenting women and their children from birth to five years of age. Services include individual and group counseling; alcohol and drug education; assistance in obtaining prenatal, postpartum and other health care needs; life skills education; therapeutic childcare on site; developmental assessment of children; and coordination of mental health treatment for children.

Genesis Narcotic Replacement Treatment

An outpatient medical model program combining counseling and methadone to treat individuals dependent on opiates. The program includes a 21-day detoxification and maintenance component.

Behavioral Health Promotion and Prevention Services

The program provides printed information on alcohol and drug issues and the county support group informational booklet. Alcohol, tobacco and other drug primary prevention program services are delivered through a contract provider and are monitored by this program. In addition, this program monitors Drinking Driver and Drug Diversion programs provided by community-based programs.

Alcohol and Other Drug Outpatient Treatment

The Behavioral Health and Recovery Services Adult System of Care provides outpatient treatment and recovery for adults with alcohol or other drug abuse or addiction. These services are provided at various locations throughout Stanislaus County. Group counseling, family support and education, referral for residential treatment and aftercare services are provided.

Proposition 36 – Substance Abuse Crime Prevention Act

Assessment and case management services for individuals referred by the Court for non-violent drug offenses.

StanWORKs Behavioral Health Services

Assessment and treatment services for individuals with alcohol and drug, mental health and domestic violence issues, which prevent them from obtaining or holding employment. This program is only available to individuals who are receiving Temporary Aid to Need Families benefits.

Families in Partnership

Provides comprehensive services to families with infants and children involved in the Child Welfare System who have been exposed to alcohol or drugs. The focus of this program is to keep the family together.

Juvenile Drug Court

Alcohol and drug treatment for high-risk youth and their families. Services include assessment, case management and aftercare in partnership with Juvenile Probation.

ANNUAL REPORT – 2006

COUNTY OUTLOOK:

Stanislaus County has experienced significant growth, which brings in drug and alcohol abusers from outside counties. This puts a new demand on available alcohol and other drug treatment resources.

The Stanislaus Office of Education, the Modesto Police Department and the California Highway Patrol have seen an increase in Heroin use among teens

ASSESSMENT OF COUNTY ALCOHOL AND OTHER DRUG PROGRAMS FOR 2006:

Additional long-term alcohol and other drug treatment for teens and men would enhance existing programs. Stanislaus Recovery Center (SRC) seems to be finding solutions and increasing program effectiveness with the newly formed ABSAP SRC Committee. This group meets once a month

ASSESSMENT OF ACCESSIBILITY TO COUNTY ALCOHOL AND OTHER DRUG PROGRAMS:

ABSAP's view is that the County does a good job providing alcohol and other drug treatment information to the larger communities - Modesto, and Ceres, but can improve outreach to smaller communities such as Turlock, Patterson and Waterford.

ASSESSMENT OF COUNTY ALCOHOL AND OTHER DRUG TREATMENT SERVICES PROVIDED:

Men: Lacking long-term alcohol and other drug treatment options.

Women: Excellent outcomes, robust programs.

Children: Excellent for very young (benefiting for mothers in long term treatment), but lacking long-term treatment options for teens.

FAMILY FOCUS:

Men lack long-term services, which creates conflicts in overall family recovery.

CULTURAL COMPETENCY:

The County does a very good job at meeting the alcohol and other drug treatment needs for culturally and ethnically diverse individuals with the exception of outreach to smaller communities.

CONCLUSION:

ABSAP's focus this year is to narrow in on fewer alcohol and other drug issues in the County, and educate ABSAP members on various drugs and alcoholism. To date, ABSAP has had presentations on *Methamphetamine and Heroin*, and has worked very hard at getting information boards on alcohol and other drug treatment options and various related issues put up in the visitors' lobby at the County Jail. We have also continued the joint meetings with the Mental Health Board and recommend this activity continue.